

PRO calm | service chart

	double cleanse	resurfacing*	touch therapy*	deep treatment	dermal layering	home care
skin concern	<ol style="list-style-type: none"> Begin with Soothing Additive, deep breathing, ear massage, and a shoulder and occipital press to promote relaxation. Perform an eye and lip cleanse.* Use PreCleanse for the first cleanse. Perform Face Mapping skin analysis. Use UltraCalming Cleanser for the second cleanse then remove with esthetics wipes or cotton. 	<p>Optional (if skin can tolerate):</p> <ol style="list-style-type: none"> Dispense Daily Milkfoliant into cup with water and mix to a foamy consistency. Add a few drops of Calming Botanical Mixer. Apply to the skin with a fan masque brush and gently massage on the skin for 1 minute. Remove with damp esthetic wipes, cotton or cloth. 	<p>Choose Touch Therapy based on inflammation level:</p> <p>Lymphatic Clearing - rosacea, allergy and puffy skin, heat in the skin. *Performed at the end of service</p> <p>Pressure Point - general sensitivity</p> <p>Stress Scalp Relief - ideal for high levels of stress or when you want to reduce touch on face due to touch sensitivity.</p>	<ol style="list-style-type: none"> Apply Hyaluronic Acid IonActive Serum. Select Professional Masques based upon level of inflammation. <ul style="list-style-type: none"> Use Microcurrent or ultrasonic tool to help penetrate serum + masque. For excessive heat opt for cool stones or cool jade roller over serum + masque. Remove masque with a cool towel. 	<ol style="list-style-type: none"> Spritz Multi-Active Toner. Apply MultiVitamin Power Firm. Apply Hyaluronic Acid IonActive Serum. Apply skin-specific moisturizer. <ul style="list-style-type: none"> Pro tip: if needed layer Barrier Repair over top of moisturizer. Finish with Invisible Physical Defense SPF 30. 	<ol style="list-style-type: none"> Prescribe a home care system to be used between treatments. Add complementary product(s) tailored to client's skin needs.
mild irritation / redness slight flushing blushing in the cheeks	 <p>Soothing Additive PreCleanse UltraCalming Cleanser</p>	 <p>Calming Botanical Mixer Daily Milkfoliant</p>	 <p>Soothing Additive OR Calming Botanical Mixer</p>	 <p>Hyaluronic Acid Ion-Active Serum Colloidal Masque Base</p>	 <p>Multi-Active Toner MultiVitamin Power Firm Hyaluronic Acid IonActive Serum Calm Water Gel Invisible Physical Defense SPF 30</p>	 <p>UltraCalming Cleanser Circular Hydration Serum Calm Water Gel</p>
moderate to advanced inflammation constant redness dehydration itching warm to the touch	 <p>Soothing Additive PreCleanse UltraCalming Cleanser</p>	 <p>Calming Botanical Mixer Daily Milkfoliant</p>	 <p>Soothing Additive OR Calming Botanical Mixer</p>	 <p>Hyaluronic Acid Ion-Active Serum Clinical Oatmeal Masque</p>	 <p>Multi-Active Toner MultiVitamin Power Firm Hyaluronic Acid IonActive Serum Stabilizing Repair Cream Invisible Physical Defense SPF 30</p>	 <p>UltraCalming Cleanser Circular Hydration Serum Stabilizing Repair Cream</p>

*For 30-minute option, omit Eye and Lip Cleanse, Resurfacing and Touch Therapy.